





What is chance UK?

Chance UK is an award-winning children's charity that organises mentoring for 5- to 11- year olds to help them with behavioural challenges.

What actually happens?

- A mentor will take the child out once a week for a year
- These sessions usually last between two and four hours
- Mentors encourage the child to find their strengths and make positive changes
- After 3 months, mentors help to set goals to achieve
- Mentors plan and work towards a positive ending of the year, which is marked with a certificate and a celebration!

What is a **mentor**?

A mentor is an adult volunteer who has completed and passed the following rigorous screening processes:

- 1 A 3-day intensive training course with Chance UK
- 2 Our in-depth interview with two members of staff
- 3 A fully enhanced police check, and two independent character references

a mentor is **FUN!**



Our male and female mentors come from all walks of life and cultural backgrounds. They all share the same important qualities: being a dedicated, focused and positive role model, the ability to help the child stick to boundaries and being fun! They are also closely supervised and supported in their mentoring work throughout the year by a member of the Chance UK staff team.



how do Mentors help?

They help the children find motivation and interests, as well as develop life skills.

They channel the children's energy into projects that encourage a sense of personal achievement.



how do i know that it is worth it?

Independent evaluations show that our mentoring programme can help children to:

- Feel more self-confident
- Relate better to others
- Develop a stronger sense of responsibility
- Understand the consequences of their actions
- Improve their concentration and achieve better grades at school





What else Should I know?



- You will have one person at Chance UK who you can contact throughout the year
- We tell you all about the mentor before they are matched with your child
- We work closely with you throughout the mentoring about how best to help your child

Our service is **FREE!**



What should I do next?

We find that mentoring works best when everyone – parent / carer, child, and mentor – are truly committed to the programme, and have chosen to participate in it of their own free will.

If you would like to know more about our mentoring programme, then please give your consent, as well as your contact details, to the person who gave you this leaflet and ask them to refer your child to Chance UK.



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