

Month 1: Establish

Mentoring mind-map

Mind-maps are a quick and creative way to come up with ideas. Everyone does mind-maps differently, so you can make yours any way you want!

This mind-map must include:

1. What you are both hoping to achieve from mentoring
2. What skills you want to develop during sessions
3. How you will record your time together (e.g. scrapbook, photos, video clips...)
4. Ideas for sessions and activities you want to try

To make your mind-map you could:

- Choose one of the templates on the next pages and add to it with words / pictures
- Use blank paper / whiteboard to write and draw your own
- Cut out pictures from a newspaper / magazine or find pictures online to represent your answers
- Make one on the computer (www.mindmup.com, www.mindomo.com, Mindly app for Android and Apple – search in your store and download for free)
- Buy some chalk (Poundland have it!) and draw one on the floor in the park – if you need to rub anything out, pour some water on the area and wait for it to dry. Add string or sticks for the branches, or draw them on too. Remember to take a photo when you're finished!







