

MY FUTURE DREAMS AND GOALS WORKBOOK



BY CHANCE UK



MY GIFTS AND STRENGTHS


DIRECTIONS:

- WHAT ARE SOME OF YOUR GREATEST STRENGTHS? WHAT DO YOU LIKE ABOUT YOURSELF? WHAT DO OTHERS LIKE ABOUT YOU? WHAT ARE YOUR SKILLS ABILITIES AND TALENTS?

FILL OUT THE TABLE BELOW THINKING ABOUT ALL OF YOUR GREATEST STRENGTHS.

Great things about me

I'm good at...



WHAT MAKES ME UNIQUE

The Things I Like Are...

Things I don't like...

New things I'd like to try...

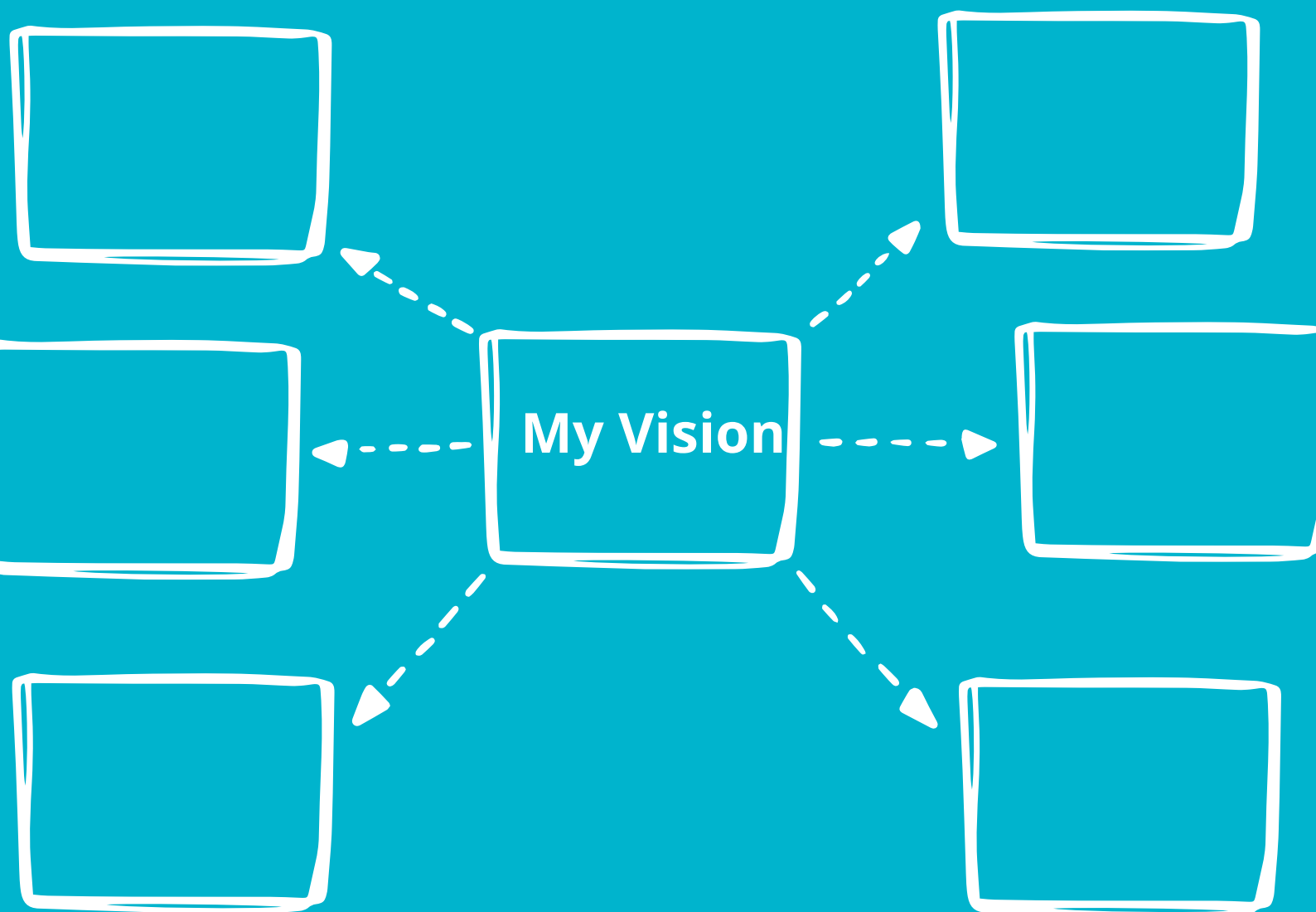
My favourite things are...

MY FUTURE

Remember, not everything can be achieved overnight. It takes time, patience and hard work. Using this task you can figure out what your hopes and dreams are and ask the people around you to help make them happen.

Use the categories below to answer the following questions:

- Think about your hopes and dreams, where would you like to live?
- What job would you like to do?
- Is there anyone you aspire to be like?
- What hobbies and fun things would you like to do in your free time?
- What type of person do you want to be - do you want to be kind, funny, patient etc?



MY LEARNING GOALS

I am doing well with..

I would like to get better at..

Three things I will do to reach my goal:

1

2

3